



Les Mills Aerobics Timetable Mon 9th - Sun 15th Jan 2012

www.sportscentre.org.nz ph: 03 975 5556 ext 0

DATE	CLASS TIMETABLE	
Mon 9th	9.30am	Pump
	6.00pm	Combat
	6.00pm	RPM
Tues 10th	6.00am	RPM
	9.30am	Step
	6.00pm	Pump
	7.00pm	Balance
Wed 11th	9.30am	Balance
	6.00pm	Step
Thurs 12th	9.30am	Pump
	6.00pm	Combat
	6.00pm	RPM
Fri 13th	9.30am	Step
	9.30am	RPM
	6.00pm	Pump
Sat 14th	8.30am	Vive
	8.30am	RPM
	9.30am	Combat
	10.30am	Balance
Sun 15th	9.30am	Step
	10.30am	Pump

Back to normal 'orange' timetable from Monday 16th January

Mega Sports Centre Open Hours- from Mon 9th January

Mon - Thurs

5.30am - 9.30pm

Fri

5.30am - 8pm

Sat

8.00am - 1.00pm

Sun

9am - 12pm & 3pm - 7pm



Please note

the child play area will re-open on Monday 23rd January



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